

**Emergency Information**

Call 911 for emergencies.  
The nearest hospital is in Anniston.  
(256-231-5121)

Please report any non-emergency criminal activities  
to the Anniston Police Department.  
(256-238-1800)

Identify your location to the 911 operator by giving  
trailhead address and trail name that you are on.

**UNEXPLODED ORDNANCE**

This is a former Army fort and unexploded  
munitions, mortar shells, etc. can occur on site.

**STAY ON THE TRAIL!**

**Have Fun - Reduce Your Risk**

**RIDE AT YOUR OWN RISK:** Action Sports can be hazardous. Injuries can happen.

**RIDE SAFELY WITHIN YOUR ABILITY:** Many of the routes/lines and trails require advanced mountain bike and freestyle skills, including jumping. Maintain control at all times.

**LOOK BEFORE YOU LEAP:** This area contains both natural and man-made terrain which changes constantly due to weather, use, and maintenance. Do not ride or jump blindly.

**SHOW EACH OTHER RESPECT AND SHARE THE TRAIL:** Respect the land, wildlife, and the other visitors. Watch out for each other and stay clear of landing areas. Please do not ride the trails when muddy.




**BE SMART ABOUT THE CONDITIONS:** Pay attention to the weather, dress appropriately, and carry enough water.

**LOWER YOUR SADDLE FOR MORE FUN:** It is strongly recommended you lower your saddle before descents for improved bike handling.

**SAFETY EQUIPMENT:** This includes appropriate clothing, helmet, leg and elbow pads that fit properly. Serious injury or death can occur even with proper precautions.

**EVERYONE SHOULD WEAR A HELMET**

IMBA Trail Difficulty Rating System

Trail Grade	
Green - Easiest	
Blue - More Difficult	
Black - Very Difficult	
DBL Black - Extremely Difficult	